

Year 9

Develop competence to excel in a broad range of physical activities

KS3 Core Pathway

I can combine complex skills
 I can explain key technique points for most skills
 I can perform a number of complex skills in isolation
 I can influence play in both defence & attack

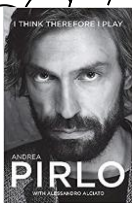
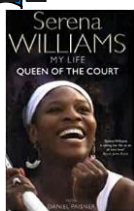


I can assess my own & others performance giving feedback
 I can lead various groups with strong leadership qualities

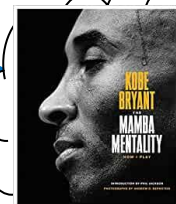
Lead healthy, active lives

Develop a Range of Tactics/Strategies

Participate in Competitive Sports/Activities Outside School



ATTAIN



Engage in competitive sports and activities

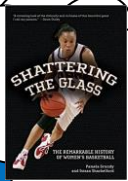
Are physically active for sustained periods of time

Perform Dances



Develop a Range of Tactics/Strategies

I can replicate complex skills
 I can describe key technique points for most skills
 I can perform a number of basic skills in competition
 I can assist in defensive & attacking tactics



I can assess my own & others performance
 I can lead set groups across activities demonstrating key leadership skills

Year 8

I can combine skills to solve problems
 I can combine basic moves for expressive activities
 I can perform to a very good level when performing maximally

Participate in OAA

Participate in Competitive Sports/Activities Outside School

Analyse Performances



ACHIEVE

Engage in competitive sports and activities

Are physically active for sustained periods of time

Develop a Range of Tactics/Strategies



I can use basic skills to solve simple problems
 I can create basic routines for expressive activities
 I can perform to a good level when performing maximally.

I can replicate basic skills
 I can state key technique points for most skills
 I can perform a number of basic skills in isolation
 I can be part of simple tactics

Year 7

Perform Dances

I can assess my own performance
 I can lead small groups with simple activities

Develop Techniques & Improve Performance

