

Develop competence to excel in a broad range of physical activities

I can modify skills to suit the demands of the activity
 I can evaluate key technique points for all skills
 I can perform a number of complex skills in response to opposition/game situation
 I can create defensive & attacking tactics in response to opponents (+) & (-)

KS4 Core Pathway

Lead healthy, active lives

Are physically active for sustained periods of time



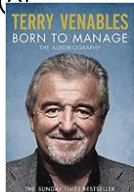
Perform Dances



Develop a Range of Tactics/Strategies

Participate in Competitive Sports/Activities Outside School

I can evaluate my own & others performance, improving performance & exposing opponents weaknesses
 I can lead large groups in a variety of activities with control and confidence



Engage in competitive sports and activities

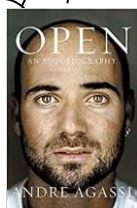
I can evaluate problems & adjust approaches to be successful
 I can analyse performance to ensure accuracy of moves in expressive activities
 I am above the national average level when performing maximally.



Year 11

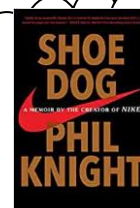
Participate in OAA

Develop a Range of Tactics/Strategies



Are physically active for sustained periods of time

Develop a Range of Tactics/Strategies



Recommended Text



Participate in Competitive Sports/Activities Outside School

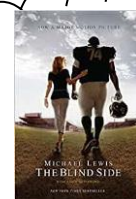
Analyse Performances



ACHIEVE

Engage in competitive sports and activities

I can combine complex skills to solve problems
 I can create aesthetically pleasing routines for expressive activities
 I can perform to an outstanding level when performing maximally.



Develop Techniques & Improve Performance

I can evaluate my own & others performance, giving feedback to improve performance
 I can vary leadership styles to suit the needs of the group

Year 10

Perform Dances

ACTIVE

I can transfer skills from one sport to another
 I can evaluate key technique points for most skills
 I can perform a number of complex skills in competition
 I can lead defensive & attacking tactics

