



PHSCE KS3 Long term plan 2023-24

Lesson number	Year 7	Year 8	Year 9
1	Transition and safety Introduction to 5 ways to wellbeing	Recap on Y7 PHSCE Recap on 5 ways to wellbeing:	Recap on Y7&8 Introduction and emotional health
2	Mobile phone use-risk	Healthy/unhealthy relationships - gangs	Healthy/unhealthy relationships - gangs
3	Sending nudes	British identity	Alcohol (link with English – Noughts & Crosses)
4	Equalities act & bullying (anti-bullying poster for competition)	Stereotypes and prejudice	Local councils
HALF TERM			
5	PARLIAMENT WEEK 6-12 NOV Prep for Digital Surgery	PARLIAMENT WEEK 6-12 NOV House of Commons – role of an MP	PARLIAMENT WEEK 6-12 NOV Amnesty: write for rights
6	Digital Surgery	LORETO BIG TEST & House of Lords and virtual tour of parliament	LORETO BIG TEST & Amnesty: write for rights
7	Parliament – lesson 1	REVIEW LESSON	REVIEW LESSON
CHISTMAS HOLIDAY			
8	Loreto Big test – 25 minutes Healthy routines Tooth decay	Gender identity	Knife Crime
9	REVIEW LESSON	Friendships and on-line safety	Family life
10	Caffeine	Friendships and relationships	Valuing diversity
11	Smoking & vaping	Media reliability	Common types of mental and exercise health



	HALF TERM		
12	Sleep	Exploring attitudes to drugs and alcohol	CEIAG: labour market & apprenticeships & choices at 16
13	Alcohol & risk	CEIAG	CEIAG: What makes a good CV/Personal statement
	EASTER		
14	Risk and managing risky situations	Commitment in relationships & forced marriage	Drugs and the law and managing risk
15	Benefits of exercise	Criminal and civil law	Cannabis & alcohol
16	Hate crime and radicalisation	Knife crime	Managing peer influence
	HALF TERM		
17	Loreto Big test Financial education – budgeting & spending	Loreto Big test Financial education: borrowing	Loreto Big test Gambling
18	REVIEW LESSON	REVIEW LESSON	REVIEW LESSON
19	Financial education: different accounts, savings	Financial education: saving	Fraud