



PSHCE Policy May 2020



In this policy the term PSHCE is used to indicate “personal, health, social, citizenship/careers education”. At Loreto we want to emphasis the importance of citizenship and careers education. Nationally, the subject is commonly referred to as PHSE.

In this policy the term PSHCE is used, with the exception of reference to any document issued by the Department of Education.

1. School Context

Loreto High School is a smaller-than-average-sized Roman Catholic secondary school and is affiliated to the Loreto International Family of Schools under the trusteeship of the Diocese of Salford serving a very diverse community, ranging from Chorlton-cum-Hardy, to Hulme and Moss Side; the latter districts having high levels of poverty and deprivation. Approximately two-thirds of our students are Catholic and come from six Catholic partner primary schools. We also have children from other Christian denominations and other faiths such as Islam, Sikhism, Hinduism and of no faith. A high proportion of the staff are Catholic and six of the seven Senior Leaders are practising Catholics.

2. Implementation and Review of PSHCE Policy

Implementation of the policy will take place after consultation with the Governors in the summer term 2020. This policy will be reviewed every 2 years by the Head teacher, Head of PSHCE, the Governing Body and relevant Staff. The next review date is May 2022 unless new national or Diocesan directives are issued.

3. Policy Rationale

This policy covers our school’s approach to PSHCE. The PSHCE curriculum is delivered in timetabled PSHCE lessons as well as in Formation Time, Assemblies, enrichment events and activities and in other parts of the curriculum. This policy has been developed by a working group in consultation with pupils, staff, governors and outside agencies. This policy will be disseminated to the school community via the shared area, school website and to the staff through regular briefings and training sessions.

4. Person(s) responsible for Implementation and Monitoring:

It will be monitored through the QR (Quality Review) process. This involves the designated Safeguarding Lead, Head of PSHCE, the line manager of PSHCE, members of SLT and the governing body.

5. Policy Aims and Objectives

5.1 This policy is informed by our **school's ethos** which states we will strive rigorously for the achievement of both personal and academic excellence within learning communities that:

- Introduce students to a reflective way of thinking and living and encourage seekers of truth who will search critically for answers to the great questions of life.
- Encourage doers of justice who will stand with those on the margins of life and become responsible global citizens and agents of social change, committed to building a better world.
- Allow all, the freedom to become their best selves and to take charge of their own lives and futures within environments that celebrate diversity and nurture independence of spirit.
- Develop relationships that are marked by a Christ-like respect and compassion and characterised by integrity and sincerity.
- Are joyful places where students enjoy their learning and flourish in a safe and healthy environment where the value of each individual is celebrated.

5.2 This policy **fulfils our school ethos** ensuring:

- Pupils can achieve excellence, freedom, sincerity and joy by being equipped with the knowledge of how to keep themselves mentally and physically healthy.
- Pupils have the knowledge of the law and justice system to ensure that they can critically question and be inquisitive about life.
- Pupils understand the political system and the importance of being an active citizen so they can be agents of social change.

5.3 The PSHCE programme at Loreto will also enable pupils to explore and live our **school values**:

- Justice - Be in right relationships with all created things; you will live in integrity and wholeness.
- Sincerity - Be such as you appear and appear such as you are.
- Truth - Seek for truth; reflect critically and seek answers to crucial questions.
- Joy - Have an attitude of mind and disposition of heart that opens you to life; be optimistic, hopeful, courageous, open, welcoming, good humoured and self- accepting.
- Freedom - Refer all things in your life to God; you will find inner peace and the freedom to respond creatively to the needs of others.
- Excellence - We are ambitious for our students both for academic excellence and for human possibilities. We aim to stretch hearts as well as minds. We focus on excellence and set the highest standards of academic and personal achievement.
- Internationality - We are proud to play a part in the international network of Loreto students and colleges and will continue to apply the international guidelines for Loreto Education in England.



6. Intended Outcomes

As a result of our PSHCE programme of learning:

6.1: Pupils will know:

- how to stay physically and mentally healthy
- why managing money is important
- how to stay safe on-line
- how democracy works in the UK
- how the criminal justice system applies to young people in the UK
- what human rights are and why they are important
- how to stay safe
- a range of different pathways when they leave school.
- what constitutes a healthy relationship

6.2 Pupils will be able to:

- listen to other people's opinions
- contribute to a discussion
- give a counter argument
- reflect on their own place in the world

6.3 Pupils will develop the skills of:

- Communication
- Problem solving
- Teamwork
- Self-management
- Self-belief

We will be emphasising the **Skills for Life** programme

6.4 Pupils will understand they have a right to:

- An opinion
- A voice
- Basic human rights
- Be listened to
- Be respected
- Be safe
- Seek help when needed

6.5 Pupils will understand they have a responsibility to:

- Be an active citizenship
- Look after themselves
- Seek help when needed

7. Creating Safe and Supportive Learning Environment

Because PSHCE education works within pupils' real life experiences, it is essential to establish a safe learning environment. Clear 'ground rules' and a confidentiality policy that is understood by all (adults and children) are important elements of creating this. If a child appears 'at risk' or makes a disclosure, all teachers should be aware of the school's safeguarding/child protection policy to ensure clarity about what is required in such circumstances.

We will create a safe and supportive learning environment by ensuring all staff undertakes regular safeguarding CPD

We will ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support by being signposted to a member of the safeguarding team

8. Equality of Opportunity

Our SEN students are included within all teaching groups thus promoting full inclusion and the opportunity to access all areas of the curriculum including delivery of PSHCE.

The schemes of work and the delivery of content by teachers will take into account the age, ability, readiness, and cultural backgrounds of all groups of children including those with English as a second language to ensure that all can fully access PSHCE education provision.

We promote diversity and inclusion and will consider all pupils' needs by ensuring equality is promoted at every opportunity, including drop down days such as Diversity Day, LGBTQT month, International Women's Day, International Men's Day and Mental Health week.

9. Teaching and Learning

Lessons and extra-curricular events are planned in reference to the following, which are all found in the appendix:

- PSHCE long term plan
- The Department of Education SRE and Health Education guidelines July 2018

9.1 Principles and methodology

- The programme will be taught through a range of teaching methods, that encompass the Loreto Way (see appendix)
- We will make links to other areas of the curriculum in Science, RE, PE and ICT (see appendix)
- We will help pupils make connections between their learning and 'real life' behaviours by taking part in projects such as the Amnesty International Write for Rights campaign, the Mock General Election and the Digital Surgeries.

9.2 Planning

Key themes will be delivered over the year to y7, Y8 & Y9. The PSHCE curriculum long term plan (see appendix) indicates what topics are covered.

9.3 Timetabling

- We allocate 1 hour a fortnight of curriculum time to PSHCE education in Y7, Y8 & Y9
- The KS4 content is delivered through RE, Science, PE and PSHCE days.
- Our provision is further enriched by Digital Surgeries, Brexit education, Proud Trust Visits, Diversity Champions Programme, IWD, IMD, Diversity Day, Mental Health Week, Refugee Awareness Week, Mock Election, Human Rights Day, Mark Your Mark, World Environment Day, Holocaust memorial Day, LGBT month, Diversity Group, Amnesty International Group and Student Council action groups.

9.4 Assessment

- We will assess pupils' learning and progression through self-assessment every lesson.
- We will evidence pupils' learning and progression by pupils books (see appendix)

9.5 Teaching responsibly and staff training

The Head of PSHCE has been involved in planning and delivering Citizenship and PSHCE for 20 years. Staff delivering RSE have received specialised training from Healthy Schools.

9.6 External speakers/organisations

- The programme will be led by the Head of Department
- We will use external contributors in the following circumstances:
 - Political education
 - Drop Down Days (Diversity Day, IWD, IMD, Mental Health week)
 - Careers lessons.

9.7 Confidentiality and handling disclosures

- We will set the following ground rules at the start of every lesson.
- We will ensure confidentiality by adhering to the safeguarding policy
- If a pupil makes a disclosure we will follow the safeguarding policy.

9.8 Responding to pupils questions

- Pupils' questions will be answered by classroom teachers honestly and openly.
- We will allow pupils to raise anonymous questions. At Loreto, in line with best practice, we have an anonymous question box in RSE lessons. Pupils, who are not comfortable raising questions in an open setting, may ask questions to be responded to at a later date. In accordance with the safeguarding policy, these boxes will be checked the same day and any concerns passed on following the Loreto safeguarding protocol. (See appendix- Loreto Way Handbook)

9.9 Monitoring and evaluation

The policy is to be implemented by the delivery of the Long Term plan (see appendix). It will be monitored by following the QR process involving the Head of Department, Line Manager, Governing Body and Head teacher. The impact of the policy and PSHCE programme shall be done through pupil voice, the Mental Health staff and Student Council Action group.

10. Links to other school policies and areas of the curriculum

ICT, PE, Science and RE all contribute to the teaching of PSHCE (see appendix – Long term plan KS3 & long term plans from those subjects)

10.1 Links to other relevant policies (all in appendix, highlighted where the policy supports or complements the following policies):

- Access Provider Policy
- Behaviour Principles Written Statement
- Behaviour for Learning Policy
- Anti-Bullying Policy
- Educational Visits & School Trips Policy
- Equality Information & Objectives
- Equality Policy
- ICT & Acceptable Use Policy (including E-Safety Policy)
- Safeguarding & Child Protection Policy
- SMSC Policy
- SRE Policy (draft)
- Careers Policy
- SEND Policy
- Prevent Duty Policy

11. Involving parents and carers

We will communicate with parents in regards to the PSHCE policy and curriculum by ensuring it can be easily found on the school website. During 2020-21 we are planning to utilise support given by Healthy Schools to run parents' and carers' evening/workshop for interested parents and carers to find out more about PSHCE education or topics such as RSE.

12. Review Date

The PSHCE education policy will be reviewed at least every 2 years to ensure that it continues to meet the needs of pupils, staff and parents, and that it is in line with current DfE advice and guidance.

13. Signatures

Head
PSHCE Line Manager
Head of PSHCE
Lead Governor for PSHCE
Safeguarding Lead
School Nurse
Pupil representatives

14. List of appendix

PSHCE association programme of Study
Department of Education SRE and Health Education guidelines July 2018
PSHCE long term plan
The Loreto Way handbook
Long term plans from Science, ICT, PE and RE (which have the PSHCE content highlighted)
Teaching and Learning policy
A sample of pupil work and self-assessment sheets will be included.
Access Provider Policy
Behaviour Principles Written Statement
Behaviour for Learning Policy
Anti-Bullying Policy
Educational Visits & School Trips Policy
Equality Information & Objectives
Equality Policy
ICT & Acceptable Use Policy (including E-Safety Policy)
Safeguarding & Child Protection Policy
SMSC Policy
SRE Policy (draft)
Careers Policy
SEND Policy
Prevent Duty Policy